

The Sports and Coaching Camp Business Guide

Individual participation and support plan

Add your details and work through this sheet with your team.

Camp / programme

Prepared by

Date

Participant and offering

Details

People involved in agreeing the plan

Participant, guardian where appropriate, staff, qualified professional where needed

Strengths and interests

What the person enjoys and does well

What helps communication

Clear words, demonstration, language, visual plan, other needs

Useful adjustments

Space, equipment, pace, breaks, activity choices, personal care

Early signs that help is needed

Individual observations

Helpful staff response

Agreed steps within staff scope

What not to do

Known unhelpful or unsafe responses

Relevant emergency-plan reference

Secure reference, not unnecessary full medical detail

Named support and backup

Roles

Privacy

Who needs which instructions

Review after first participation

Date

Agreed changes

Details and people involved

Do not treat the plan as a way to waive access rights or transfer all camp responsibility to a family.